

New Zealand Association of Positive Psychology

2011 Conference

September 9th & 10th, Auckland

"The Science of Wellbeing"

Catching Australia by 2025

The Vital Role of Positive Psychology



Jamie Ford Emotional Resilience and
Mental Toughness Adviser

Key Propositions:

1. We can do Better



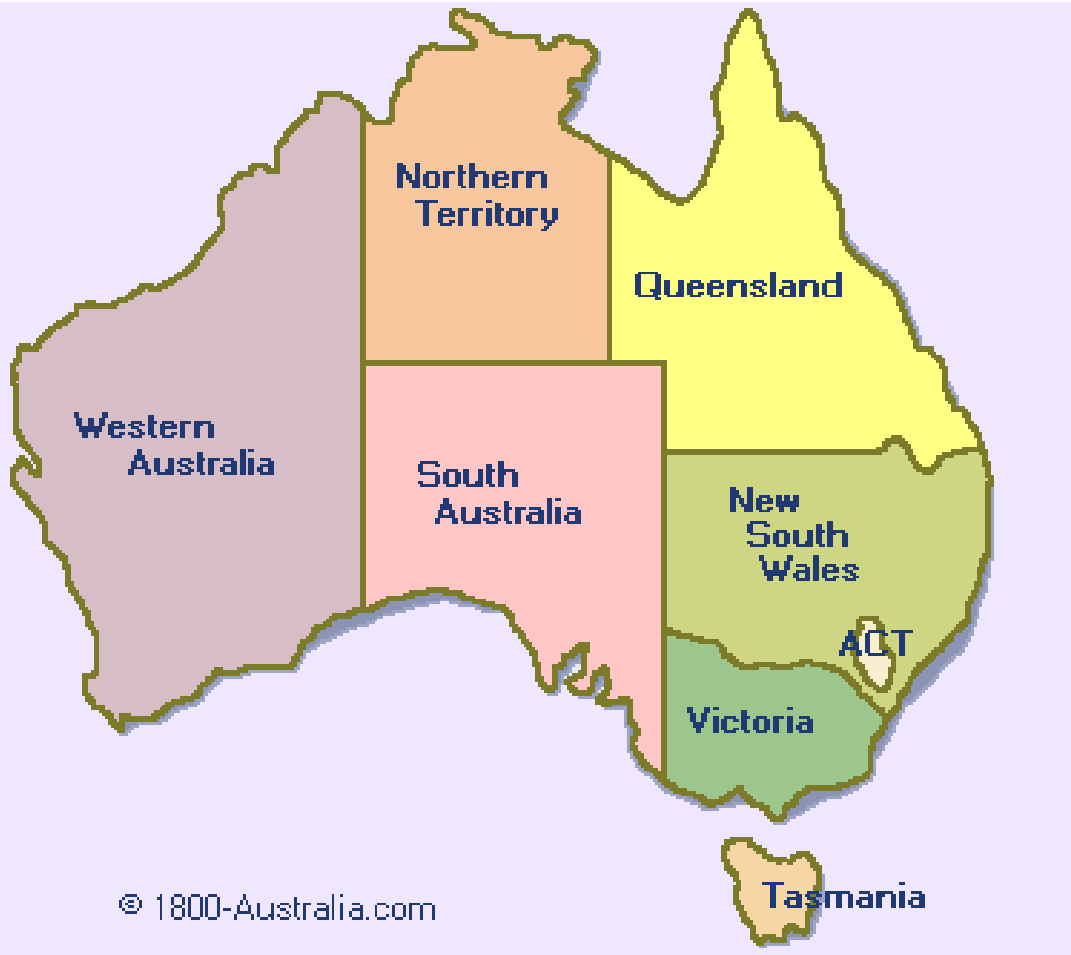
2. Business is a Powerful Vehicle for Applications of PP



3. Research has a place in Alliance with Practitioners



We can do Better



List of countries by GNI (PPP) per capita

From Wikipedia, the free encyclopedia

This article includes a list of countries of the world sorted by their Gross National Income (GNI) per capita at purchasing power parity (PPP) in 2009.

All data are in international dollars. Non-sovereign entities or other special groupings are marked in italics.

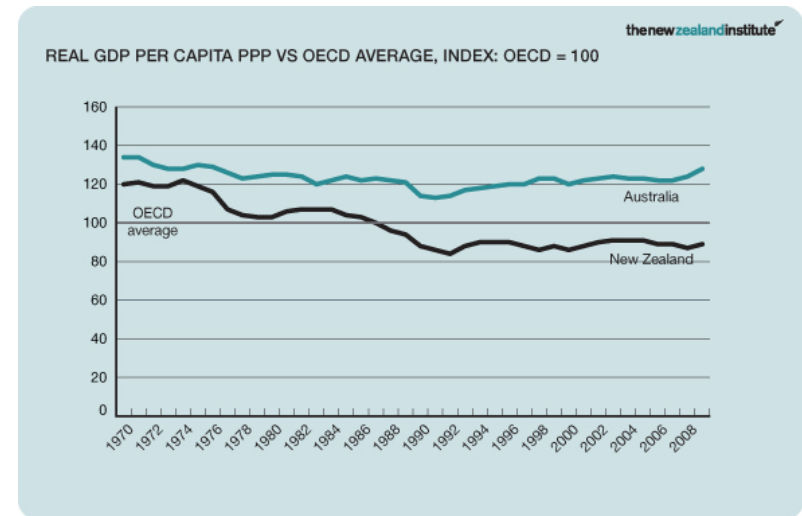
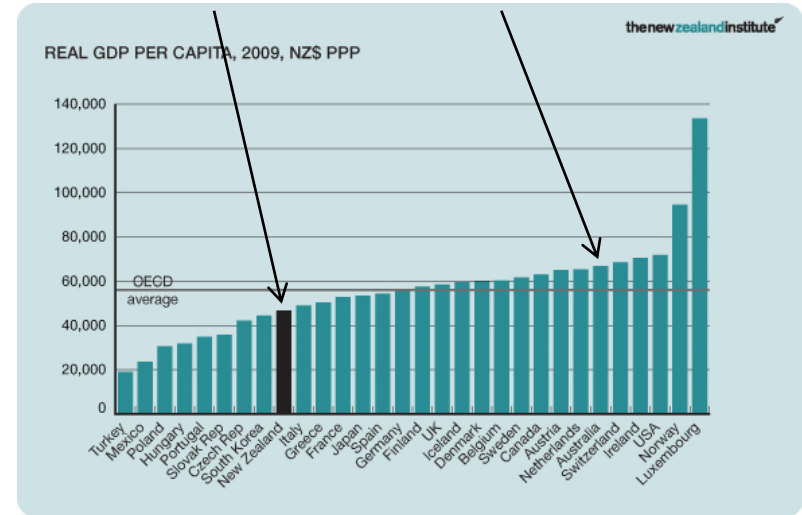
| Rank | Country | Intl. \$ ⁽¹⁾ |
|------|-----------------------|-------------------------|
| 1 | Luxembourg | 59,590 |
| — | <i>Macau</i> | 57,390 |
| 2 | Norway | 55,420 |
| 3 | Singapore | 49,780 |
| 4 | Switzerland | 47,100 |
| 5 | United States | 45,640 |
| — | <i>Hong Kong</i> | 44,540 |
| 6 | Netherlands | 39,740 |
| 7 | Denmark | 38,780 |
| 8 | Australia | 38,510 |
| 9 | Austria | 38,410 |
| 10 | Sweden | 38,050 |
| 11 | Canada | 37,280 |
| 12 | Germany | 36,850 |
| 13 | Belgium | 36,610 |
| 14 | United Kingdom | 35,880 |
| 15 | Finland | 35,280 |
| 16 | France | 33,950 |
| 17 | Japan | 33,440 |
| 18 | Ireland | 33,040 |
| 19 | Iceland | 32,840 |
| 20 | Italy | 31,870 |
| 21 | Spain | 31,490 |
| — | <i>European Union</i> | 31,213 |
| 22 | <i>Cyprus</i> | 30,290 |
| 23 | Greece | 28,800 |
| 24 | New Zealand | 27,750 |
| 25 | <i>Korea, South</i> | 27,240 |
| 26 | Israel | 27,010 |
| 27 | Slovenia | 26,470 |
| 28 | Trinidad and Tobago | 24,970 |
| 29 | Portugal | 24,080 |
| 30 | Saudi Arabia | 24,020 |
| 31 | Czech Republic | 23,940 |
| 32 | Malta | 23,170 |
| 33 | Slovakia | 22,110 |
| 34 | Equatorial Guinea | 19,330 |

Catching Australia by 2025

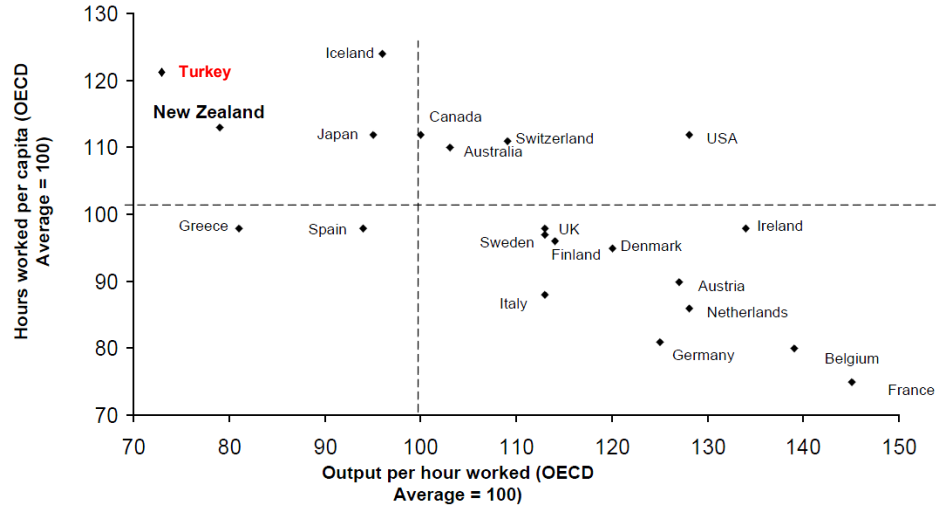
NZ

NZ

Australia



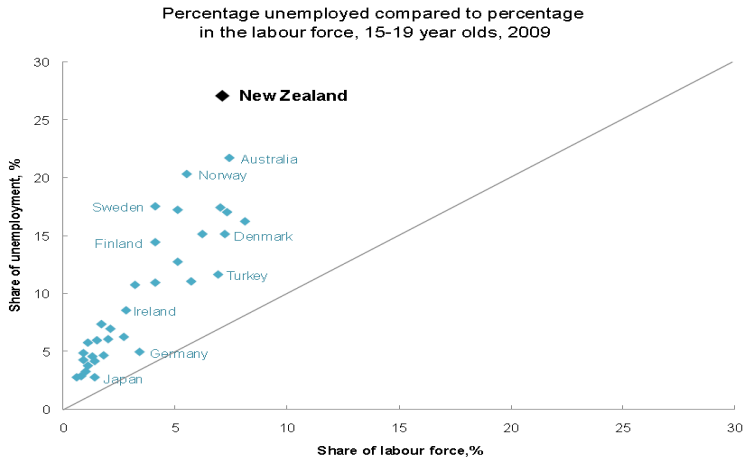
NEW ZEALANDERS ARE HARD WORKING BUT ARE NOT AS PRODUCTIVE AS WORKERS IN OTHER COUNTRIES



Source: Groningen Growth and Development Centre and the Conference Board, Total Economy Database, August 2005.

thenewzealandinstitute²

NEW ZEALAND'S 15 TO 19 YEAR OLDS DISADVANTAGED



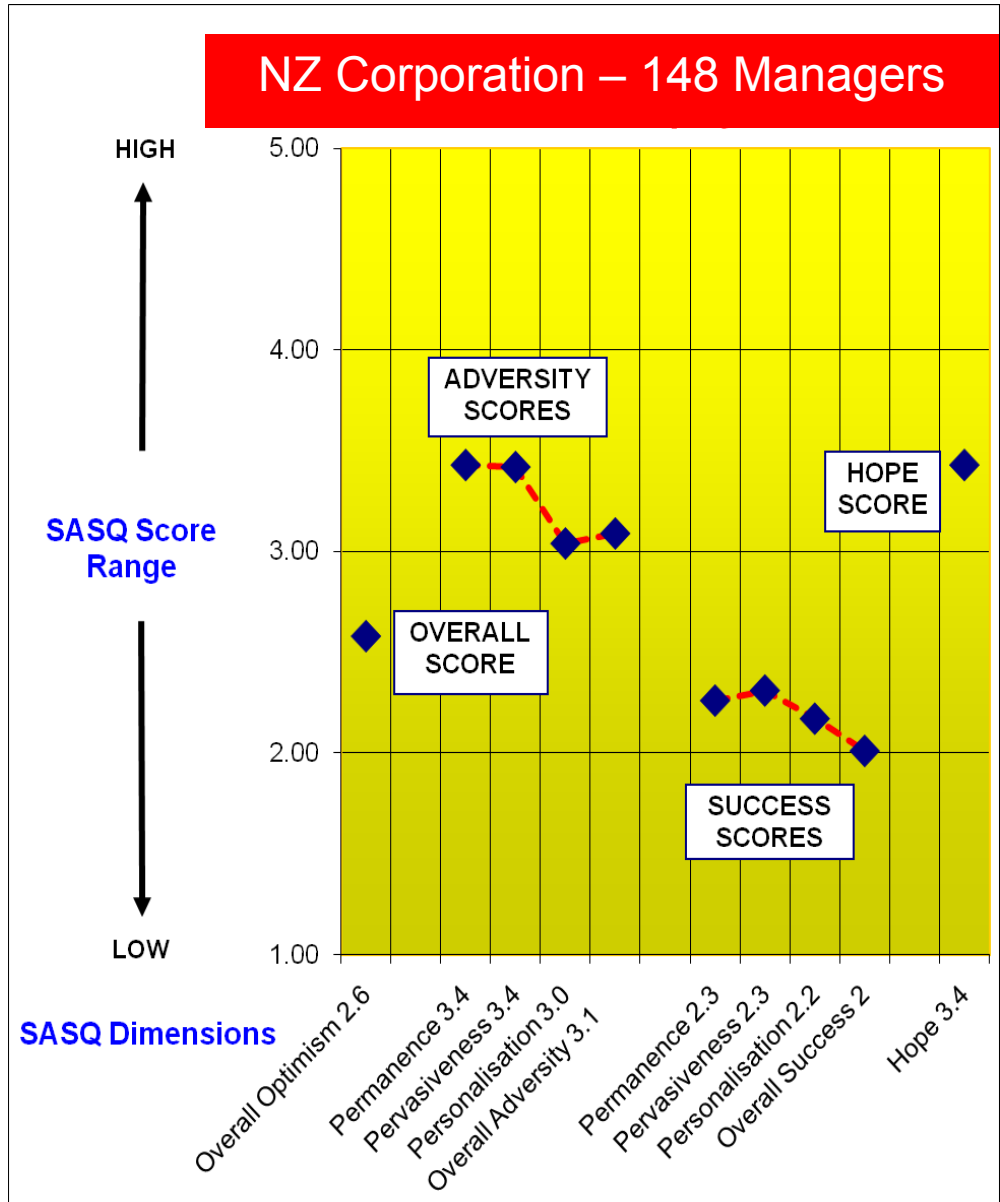
Source: OECD, Employment and Labour Market Statistics.

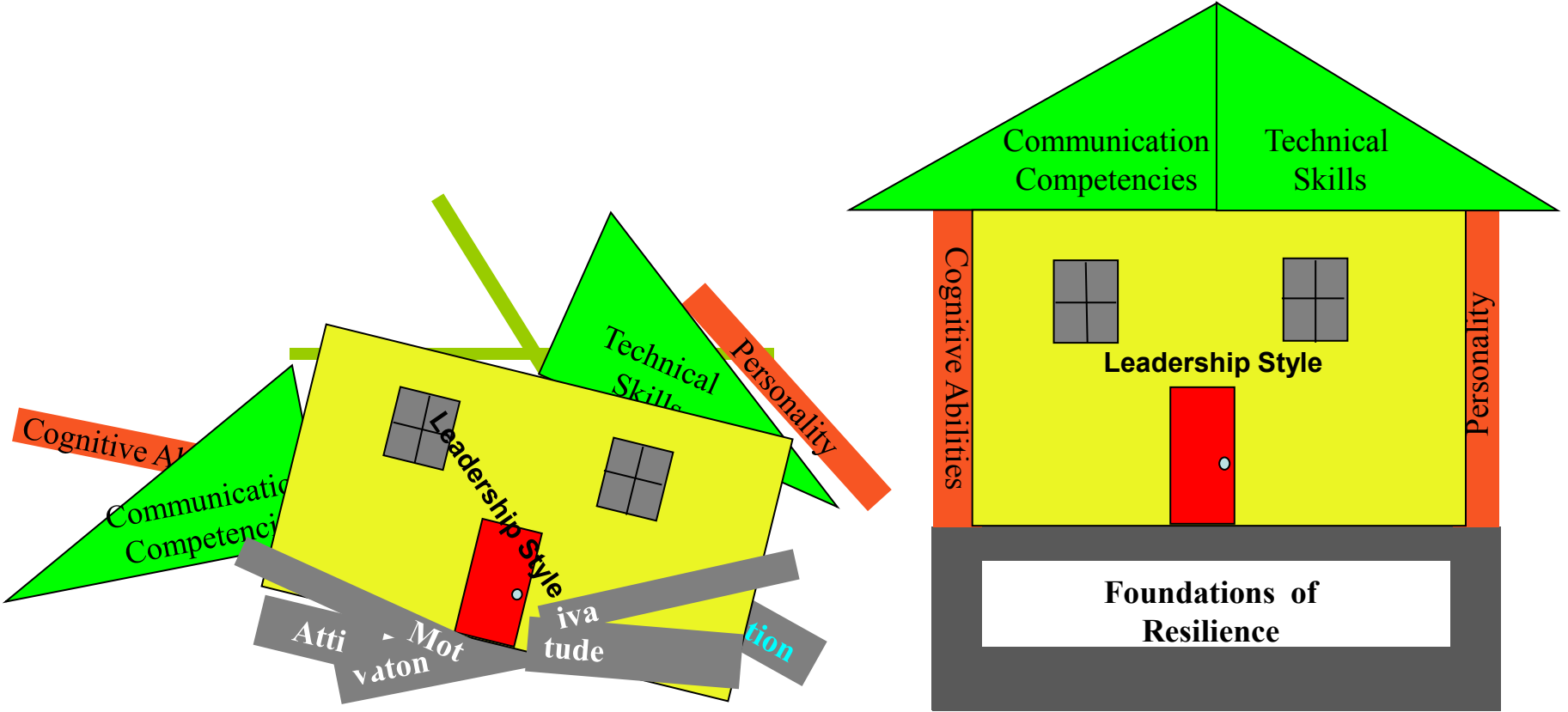
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SUICIDES PER 100,000 POPULATION, YOUTH AGED 15 - 19



Initial Assessment with the Seligman Attributional Style Questionnaire (SASQ)





In the End, it's all about Attitude

The Future is Uncertain

More Change is coming



Fran O'Sullivan



Gareth Morgan



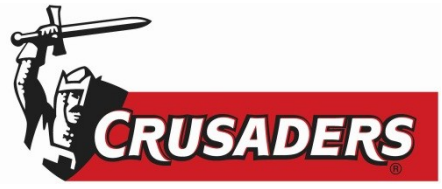
Bernard Hickey



“PP” has the tools to assist in preparation

Business is a Powerful Vehicle for Applications Demonstrating the Value of PP





Australian Government



MAUNSELL AECOM

Department of the Prime Minister and Cabinet



THE DOCUMENT COMPANY
FUJI XEROX



FletcherBuilding Group Human Resources



Healthy Home Group
A Fletcher Building Company

THE FLETCHER CONSTRUCTION COMPANY



REGIONAL HEALTH LIMITED



Australian Government

Department of Infrastructure and Transport



Australian Institute of Management



Research has a place in Alliance with Practitioners



We can catch Australia by 2025

Positive Psychology has a Vital Role to play

