

The Positive Press

Newsletter No.12, June 2011

• Greetings

- This year continues to be a good year of continued growth for the field of Positive Psychology both internationally and in New Zealand. Details of these developments are included in this shortened 12th newsletter as part of our ongoing mission to keep members informed. Our thoughts are with our Christchurch members again after yesterday's earthquake and the challenges they are facing...

• Association News

○ NZAPP Conference

- The executive committee have worked hard in developing the associations inaugural conference, set down for the 9th and 10th of September. The location is AUT's north shore campus in Auckland. This event involves a one day conference and one day of workshops. More details are available on the NZAPP website: <http://www.positivepsychology.org.nz/conference.html>
- Conference fees have been reduced to a minimum with Friday conference attendance being \$115, or \$75 for Poster Presenters. All four half-day workshops on Saturday are \$70.
- Please help us in promoting and advertising our conference!

• Stay Informed

○ New Free Journal:

- [International Journal of Wellbeing](#)

The New Zealand developed *International Journal of Wellbeing* was launched on the 30th of January 2011 and is now one of the most popular wellbeing journals with over 6,000 article downloads in the first few months and over 30,000 page views. The main aim of this journal is to promote interdisciplinary research on wellbeing. As such, the editorial team are dedicated to open access academic research, and to making the journal's content permanently free for all readers and authors. The first issue features articles from the leaders in the field of wellbeing, and the second issue is due out at the end of June or early July. You can navigate to this journal's website and sign up for free.

• Events

- 2011 June 16-17 [6th Annual Happiness & Its Causes Conference, Brisbane](#)
 - NZAPP is an Endorsing Body for the 6th Annual Happiness & Its Causes Conference in 2011. Speakers for the conference include: His Holiness the Dalai Lama, the eminent psychologist Dr Paul Ekman and renowned Buddhist monk and meditator, Matthieu Ricard. Others include Robert Biswas-Diener (his latest book reviewed above), Michael J Gelb, Jane Goodall, Russ Harris, Anthony Grant, amongst so many.
- 18-21 July 2011 [36th Annual National Wellness Conference, University of Wisconsin, USA](#)
 - (*Website states*): The theme, "Growing Wellness," enthuses all individuals in wellness and health promotion to cultivate healthy change and nurture well living not only in individual clients and employees, but also in the communities (families, neighborhoods, cultural groups, and beyond) to which they belong. Committed to the well person, home, workplace, and community -- and valuing that wellness is for everyone -- we employ innovative practices to grow wellness and enrich lives.
 - The conference features leading positive psychologists Barbara Fredrickson and David Myers at the University of Wisconsin - Stevens Point, The theme is "Pathways to Optimal Well-being: Exercising Strengths/Increasing Real Happiness.
- 2011 July 23-26 [2nd World Congress on Positive Psychology \(IPPA\). Philadelphia, Pennsylvania, USA.](#)
 - (*Website states*): This unparalleled international conference - bringing together academics and practitioners - will gather the world's most renowned experts in positive psychology to present their latest findings and best practices. It is a great opportunity for anyone interested in learning how the "science of thriving" is changing the lives of individuals, communities, and institutions around the globe. Lectures, workshops, symposia and poster sessions will feature leading-edge research, as well as applications of positive psychology in a variety of fields - from business to education to medicine.

- **NZAPP Membership News**

- **Membership Total:** 630 (up from 606 in March).
- A Certificate of Membership to the New Zealand Association of Positive Psychology, is available on request, by emailing info @ nzapp.co.nz
- Lucky member: Janet Thomson wins a copy of "[Wellbeing: The five essential elements](#)" by Tom Rath and Jim Harter.

- **Support**

- Suggestions as to what you would like included in the newsletter are welcomed.
- Please consider providing a book or article review for the next newsletter.
- Other contributions may include information of interest, thoughts on an area of positive psychology, general comments or questions, and progress on current research.
- You can further support your association by informing your networks, friends, and colleagues about the NZAPP.

"Nothing great was every achieved with enthusiasm" – Ralph Waldo Emerson.